

CURRICULUM VITAE

Sharla M. Wells-Di Gregorio

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License: Psychology, Ohio #5895

EDUCATION

1989-1993 B.A., Summa Cum Laude, Honors in Psychology, Miami University, Oxford, Ohio

1993-1999 Ph.D., Clinical Psychology, Health Psychology Specialization, Northwestern University Medical School, Chicago, Illinois

1998-1999 Clinical Psychology Internship, specialization in Consultation-Liaison Psychiatry and Health Psychology, UCLA Neuropsychiatric Institute, Los Angeles, California

1999 Postdoctoral Fellowship, Psychodiagnostic and Neuropsychological Assessment, UCLA Neuropsychiatric Institute, Los Angeles, California

1999-2003 Postdoctoral Fellowship, Biobehavioral Oncology and Behavioral Medicine, Department of Psychology, The Ohio State University, Columbus, Ohio

ACADEMIC APPOINTMENTS

1996 Instructor, Northwestern University College, Chicago, Illinois

1998-1999 Instructor, UCLA Neuropsychiatric Institute, Los Angeles, California

2003-2005 Assistant Professor, Department of Psychology, Denison University, Granville, Ohio

2005- Assistant Professor of Clinical Psychiatry, Department of Psychiatry, The Ohio State University, Columbus, Ohio

2005- Clinical Psychologist, Pain and Palliative Medicine Program, Arthur G. James Cancer Hospital and Richard J. Solove Research Institute, Columbus, Ohio

Social Processes and Health

Graduate Courses

Health Psychology
Clinical Supervision
Research Supervision

Graduate Guest Lectures

Psychooncology
Cancer and Family Adjustment
Chronic Illness and Sexuality
Psychological Assessment: Projectives

Medical Student/Resident/
Palliative Care Lectures

Anticipatory Grief & Bereavement
Anxiety Disorders and Treatment
Assessment of Depression with Pain Patients
Assessment of Psychological Distress
Chemical Dependency Assessment
Empirically-Supported End of Life Psychological Interventions
Evaluating Capacity for Medical Decision-Making
Family End of Life Decision Making
Introduction to Pain Therapy
Introduction to Psychological Assessment
Management of Fatigue: Non-Pharmacologic Methods
Pain: Biopsychosocial Assessment
Pain Management: Non-Pharmacologic Techniques
Psychology and Pain Management
Personality Disorders in the Medical Setting
Treatment of Psychological Distress

Psychiatry Residency Courses

End of Life Psychological Interventions

ACADEMIC ADVISING

Young Scholar Mentor

2004 Kristen Carl, Denison University, *Differences in social, psychological, and cognitive factors between smoking and non-smoking college students*

Undergraduate Senior Project Advisor

2005 Kelly Ball, Denison University, *Social and psychological factors predicting adherence to a comprehensive weight management program*

Undergraduate Senior Honors Project Advisor

- 2005 Sarah Hainzinger, Denison University, *Investigating the Latino epidemiologic paradox: The relationship between social support, treatment delay, and health*
- 2005 Abbey Damon, The Ohio State University, *Finding benefits in the breast cancer experience*. Co-advisor.

Dissertation External Consultant

- 2002 Traci Lewis Lee, The Ohio State University, *Relationship adjustment, partner support, and psychosocial outcomes for women with systemic lupus erythematosus*

RESEARCH GRANTS AND EXPERIENCE

- 1993-1998 Research Assistant, Rehabilitation Institute of Chicago, National Institute of Disability and Rehabilitation Research (H133B30024), *Effectiveness of a telephone support group for stroke caregivers*. Principal Investigators: Robert Hartke, Ph.D., M.P.H. & Rosemarie King, R.N., Ph.D.
- 1996-1997 Research Coordinator, Northwestern Medical Faculty Foundation, Lynn Sage Cancer Research Foundation, *The impact of breast cancer and its treatment on survivors and partners*. Principal Investigator: Richard Carroll, Ph.D.
- 1994-1999 Dissertation Research, Northwestern University Medical School and UCLA Medical Center, 1996 American Psychological Association Dissertation Research Award (\$1,000), 1997 Northwestern University Graduate School Dissertation Year Grant (\$1,000). *Partner support and patient physical, psychological, and role adjustment in systemic lupus erythematosus: An educational intervention*. Principal Investigator: Sharla Wells, Ph.D.
- 1999-2000 Postdoctoral Researcher, The Ohio State University, National Cancer Institute (R01 CA92704-06), National Institutes of Mental Health (R01 MH51487), *Psychological intervention for women with breast cancer*. Principal Investigator: Barbara Andersen, Ph.D.
- 2001-2003 Ann & Herbert Siegel Postdoctoral Fellow, The Ohio State University, American Cancer Society (PF-01-017-01-PBP; \$138,000). *Social support and health outcomes of partners of recurrent breast cancer patients*, Principal Investigator: Sharla Wells-Di Gregorio, Ph.D.
- 2004-2005 Assistant Professor, Denison University, *Cognitive, psychological, and social factors associated with smoking among college students*. Principal Investigator: Sharla Wells-Di Gregorio, Ph.D.

- 2006-2007 Assistant Professor, The Ohio State University Medical Center, *Psychosocial predictors of early weight loss, program attendance, and attrition during The Ohio State University Comprehensive Weight Management Program* Principal Investigator: Sharla Wells-Di Gregorio, Ph.D., Co-Investigators: Shirley A Kindrick, Ph.D., RD, LD Patricia A Neel-Wilson
- 2007 Assistant Professor, The Ohio State University Medical Center, *Family-based advance care planning for cancer patients* (submitted to ACS October 2006, pending review) Principal Investigator: Sharla Wells-Di Gregorio, Ph.D. Co-Investigators: Robert Taylor, MD, Michael Adolph, MD, & Costantino Benedetti, MD
- 2007 Assistant Professor, The Ohio State University Medical Center, *Psychological Adjustment of Cancer Patients Receiving Palliative Care* Principal Investigator: Sharla Wells-Di Gregorio, Ph.D.
- 2007 Assistant Professor, The Ohio State University Medical Center, *Assessment and treatment of psychosocial and spiritual distress across the cancer continuum* Principal Investigator: Sharla Wells-Di Gregorio, Ph.D. Co-Investigators: TBD

SERVICE

National – Scientific Review

- 2002 Scientific Review Panel, Behavioral and Social Sciences/Clinical Health Services, Department of Defense Breast Cancer Research Program, Washington DC
- 2003 Scientific Review Panel, Behavioral and Social Sciences/Clinical Health Services, Department of Defense Breast Cancer Research Program, Washington DC
- 2004 Scientific Review Panel, Behavioral and Social Sciences/Clinical Health Services, Department of Defense Breast Cancer Research Program, Washington DC

National – Ad Hoc Journal/Abstracts Review

- 1999 American Journal of Obstetrics and Gynecology
- 2001 Journal of Consulting and Clinical Psychology
- 2001 Women's Health Conference, Washington DC
- 2002 Behavior Therapy
- 2000-2002 Health Psychology
- 2003 Quality of Life Research
- 2007 Cancer

Denison University

- 2004 Denison Psychology Research Review Committee
- 2004 Denison Young Scholar Mentor
- 2004-2005 Denison Psi Chi co-advisor

The Ohio State University

- 2005- Ethic Committee, The Ohio State University Medical Center
- 2005- Music at the James Workgroup, Arthur G. James Cancer Hospital
- 2005- Integrative Care Committee, Arthur G. James Cancer Hospital
- 2006- OSU Medical Center Tobacco-Free Initiative Cessation Subgroup
- 2006- Chair, Psychosocial and Spiritual Services/Distress Management Initiative, Arthur G. James Cancer Hospital
- 2006- OSUMC Suicide Risk Assessment Task Force

Community Presentations

- Wells, S.M. (1997, June). Emotional Wellness: A panel discussion about chronic illness and relationships. Sponsored by the Illinois Chapter of the Lupus Foundation of America, Inc., Chicago, Illinois.
- Wells, S.M. (1999, June). In sickness and in health: Lupus and partner relationships. Sponsored by the Illinois Chapter of the Lupus Foundation of America, Inc., Chicago, Illinois.
- Wells, S.M. (2001, September). The role of psychology in cancer research. Sponsored by the American Cancer Society for the Clark County Volunteer Awards Program, St. Paris, Ohio.
- Wells, S.W. (2003, April). Couples and cancer: Stress and caregiving. Sponsored by the American Cancer Society for the Putnam County Relay for Life Sponsor and Survivor Thank You Dinner, Northwestern Ohio Division.
- Wells-Di Gregorio, S.M. (2005, October). Biobehavioral responses of spouses of women with breast cancer recurrence: A matched comparison. Annual Stress and Immunity Cancer Projects Reception. Columbus, Ohio.
- Wells-Di Gregorio, S.M. (2005, November). Communication and intimacy post-prostatectomy. Sponsored by Just the Gals – Spouses of Prostate Cancer Survivors Group, Columbus, Ohio.
- Wells-Di Gregorio, S.M. (2006, April). Talking with your spouse about cancer. James Care for Life Cancer Survivorship Series, Columbus, Ohio.

PROFESSIONAL ORGANIZATIONS

- American Pain Society
- American Psychological Association (Division 38 – Health Psychology)
- American Psychosocial Oncology Society
- Association of Death Education and Counseling
- National Hospice and Palliative Care Organization
- Ohio Hospice and Palliative Care Organization

PUBLICATIONS

A. Journal Articles

1. Golden-Kreutz, D.G., Thornton, L., Wells-Di Gregorio, S.M., Frierson, G., Jim, H., Carpenter, K., Shelby, R., & Andersen, B.L. (2005). Traumatic stress, perceived global stress, and life events: Prospectively predicting quality of life in breast cancer patients. *Health Psychology, 24*(3), 288-296.
2. Andersen, B.L., Shapiro, C.L., Farrar, W.B., Crespin, T., & Wells-Di Gregorio, S.M. (2005). Psychological responses to cancer recurrence: A controlled prospective study. *Cancer, 104*(7), 1540-1547.
3. Wells-Di Gregorio, S.M., Andersen, B.L., Simonelli, L., & Carson, W. (under review). Biopsychological response of spouses to breast cancer recurrence: A matched comparison.

B. Book Chapters

1. Andersen, B.L. & Wells, S.M. (2002). Cancer. In A.J. Christensen & M. Antoni, *Chronic Physical Disorder: Behavioral Medicine's Perspective*. The Blackwell Series in Health Psychology & Behavioral Medicine. Oxford: Blackwell Publishers Ltd.
2. Golden-Kreutz, D. & Wells-Di Gregorio, S.M. (2004). Biopsychosocial aspects of cancer. In A.J. Christensen, R. Martin, & J.M. Smyth (Eds). *Encyclopedia of Health Psychology*, Plenum/Kluwer.
3. Wells-Di Gregorio, S.M. (2007). Family End of Life Decision-Making. In J. Werth & D. Blevins (Eds). *Decision-Making Near the End of Life: Recent Developments and Future Directions*. Routledge Publishing.

PRESENTATIONS

A. Scientific Presentations

1. Wells, S.M., Hartke, R.J., & King, R.B. (1996, October). The problems of older stroke caregivers and the association between coping profile, coping self-efficacy, and depression. American Congress of Rehabilitation Medicine, Chicago, Illinois.
2. Wells, S.M., Hartke, R.J., & King, R.B. (1997, June). Coping profile, coping self-efficacy, and depression in older stroke caregivers. Sponsored by the Mid-America Congress on Aging, St. Louis, Missouri.
3. Wells, S.M. (1998, January). Coping self-efficacy and depression in spouses of stroke survivors. Sponsored by the Education and Training Committee of the Rehabilitation Institute of Chicago for the 1998 Advances in Geriatric Rehabilitation Course, Chicago, Illinois.
4. Wells, S.M. (2000, April). Stress and perceptions of partner supportive and unsupportive behaviors of couples coping with systemic lupus. Society of Behavioral Medicine, Nashville, Tennessee.

5. Lewis, T., Wells, S.M. & Lehman, J. (October, 2001). Relationship adjustment as a predictor of psychological distress in women with systemic lupus erythematosus. The American Association for Marriage and Family Therapy. Nashville, Tennessee.
6. Wells, S.M. & Carroll, R.A. (April, 2002). Partner support and patient distress in systemic lupus erythematosus: An educational intervention. Society of Behavioral Medicine, Washington, D.C.
7. Shelby, R.A., Crespin, T.R., Wells, S.M., Lamdan, R.M, Siegel, J.E., & Taylor, K.L. (August, 2002). Mental health outcomes in African American breast cancer survivors. American Psychological Association, Chicago, Illinois.
8. Thornton, L.M., Lawrence, H.S., Wells, S.M., Shelby, R.A., Dickens, C., & Andersen, B.L. (August, 2002). Personality, coping and distress in breast cancer patients. American Psychological Association, Chicago, Illinois.
9. Lewis, T. & Wells, S.M. (October, 2002). Relationship adjustment, partner support, and psychosocial outcomes for women with systemic lupus. Couples Coping with Stress International Meeting, Boston College, Massachusetts.
10. Wells-Di Gregorio, S.M., Andersen, B.L., & Carson, W. (March, 2004). Partner stress following breast cancer recurrence: Depression, physical symptoms, and immune function. Society of Behavioral Medicine, Baltimore, MD.
11. Damon, A.J., Jim, H., Wells-Di Gregorio, S.M, & Andersen, B.L. (May, 2003). Finding benefits in the breast cancer experience. The Ohio State University Richard J. and Martha D. Denman Undergraduate Research Forum, Columbus, Ohio.
12. Damon, A.J., Jim, H, Wells-Di Gregorio, S.M., Crespin, T. & Andersen, B.L. (April, 2005). Finding benefits in the breast cancer experience. Meritorious Student Poster. Society of Behavioral Medicine, Boston, Massachusetts.
13. Carl, K. & Wells-Di Gregorio, S.M. (April, 2005). Differences in social, psychological, and cognitive factors between smoking and non-smoking college students. Society of Behavioral Medicine, Boston, Massachusetts.
14. Wells-Di Gregorio, S.M., Carl, K., & Peterson, L. (December, 2005). Gender differences in cognitive expectations predict smoking rates among college students. American Public Health Association, Philadelphia, Pennsylvania.
15. Wells-Di Gregorio, S.M., Peterson, L., & Carl, K. (December, 2005). Social facilitation expectation, rate of smoking, and cessation attempts predict cessation self-efficacy among college students. American Public Health Association, Philadelphia, Pennsylvania.
16. Peterson, L., Wells-Di Gregorio, S.M., McGoron, K.D. & Andersen, B.L. (December, 2005). Complementary and alternative medicine use among breast cancer survivors. American Public Health Association, Philadelphia, Pennsylvania.
17. Wells-Di Gregorio, S.M. (April, 2007). Symptom management: The relationship between physical and psychological symptoms. First Annual Columbus Breast Cancer Symposium, Columbus, Ohio.
18. Shepard, K. & Wells-Di Gregorio, S.M. (May, 2007). The relationship between physical symptom clusters and depression in cancer patients. The Ohio State University Denman Undergraduate Research Forum, Columbus, Ohio.
19. Conner, B. & Wells-Di Gregorio, S.M. (May, 2007). Most difficult stressors for patients with cancer by depression status and phase of illness. The Ohio State University Denman Undergraduate Research Forum, Columbus, Ohio.

B. Colloquia/Grand Rounds

1. Wells-Di Gregorio, S.M. (March, 2004). Chronic illness: A biopsychosocial model of couple adjustment. Colloquium sponsored by the Denison University Department of Psychology, Granville, Ohio.
2. Wells-Di Gregorio, S.M. (September, 2005). Psychosocial issues in end-of-life care. Psychiatry Grand Rounds, The Ohio State University, Columbus, Ohio.
3. Wells-Di Gregorio, S.M. (November, 2005). Healthy Boundaries: Maintaining boundaries in professional relationships. Sponsored by James Care for Life for physicians, psychiatrists, psychologists, nurses, social workers, and chaplains.
4. Wells-Di Gregorio, S.M., Eggleston, V., Kelsey, M., & Schroeder, D. (March, 2006). Conversations at the Crossroads: Preparing for End of Life. Cancer Care Across the Continuum, Arthur G. James Cancer Hospital and Richard J. Solove Research Institute Annual Conference.
5. Wells-Di Gregorio, S.M. (March, 2007) Role of Psychiatry/Psychology in End of Life Care. Psychiatry Grand Rounds, The Ohio State University, Columbus, Ohio.