

TAMMY A. SCHULER

Department of Psychology, The Ohio State University
 1835 Neil Avenue Mall, Psychology 159, Columbus, OH 43210-1222
 (614)292-8429, FAX (614)688-8261
 schuler.60@osu.edu

EDUCATION

- **Ph.D., Clinical Psychology** 2006-present
 Health psychology specialization
Dissertation: Does poor marital quality affect longitudinal stress, health behavior, biological, or physical health outcomes in advanced and recurrent breast cancer patients?
 The Ohio State University
- **M.A., Applied Health Psychology** 2006
 With distinction
 Northern Arizona University
- **B.A., Psychology** 2003
 Summa cum Laude with honors
 Spanish minor
 Northern Arizona University

ACADEMIC AND PROFESSIONAL EXPERIENCE

- **Graduate Teaching Associate** 2009-2010;
 Abnormal Psychology Course Instructor 2007-2008
 The Ohio State University
- **Graduate Research Assistant** 2006-present
 Stress and Immunity Cancer Projects
 The Ohio State University
- **Research Assistant** 2005-2006
 Neuropsychology; Neuroimaging Laboratory
 Barrow Neurological Institute; Phoenix, AZ
- **Guest Lecture: Psychopharmacology** 2005
 Physiological Psychology
 Northern Arizona University
- **Guest Lecture: Treatment of the Anxiety Disorders** 2005
 Abnormal Psychology
 Northern Arizona University
- **Graduate Teaching Assistant** 2005
 Introduction to Developmental Psychology Course Assistant
 Northern Arizona University
- **Graduate Research Assistant** 2004-2005
 Project: EEG changes during the stages of hypnosis
 Northern Arizona University
- **Graduate Teaching Assistant** 2004
 Introduction to Personality Course Assistant
 Northern Arizona University

- **Graduate Teaching Assistant** 2004
Introduction to Psychology Course Assistant
Northern Arizona University
- **Graduate Teaching Assistant** 2003-2005
Adult Development Course Assistant
Northern Arizona University
- **Undergraduate/Graduate Research Assistant** 2002-2004
Project: Quality of life and coping in cancer survivors
Northern Arizona University

HONORS AND AWARDS

- **Meritorious Student Presenter Award** 2009
Society of Behavioral Medicine; Montreal, Canada
- **University Fellowship** 2006-present
The Ohio State University
- **Mortar Board Honors Society** 2002-2003
Northern Arizona University
- **Mildred Fenton Carrol Lane Scholarship** 2002-2003
Northern Arizona University
- **Golden Key Honors Society** 2001-2003
Northern Arizona University
- **Alpha Lambda Delta Honors Society** 2000-2006
Northern Arizona University
- **Northern Arizona University Dougherty Foundation Scholarship** 2000-2003
Northern Arizona University
- **Northern Arizona University Dean's List** 1999-2006
Northern Arizona University
- **Northern Arizona University Arizona Regents Scholarship** 1999-2003
Northern Arizona University
- **Northern Arizona University Honors Program** 1999-2003
Northern Arizona University
- **Elks Foundation Scholarship** 1999-2000

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

- **International Psycho-Oncology Society** 2009-present
- **American Psychological Association, Division 38** 2009-present
- **Society of Behavioral Medicine** 2006-present
- **Phi Kappa Phi National Honors Society** 2002-present
- **Psi Chi Psychology National Honors Society** 2000-present

RESEARCH EXPERIENCE

PUBLICATIONS: EMPIRICAL AND SCHOLARLY ARTICLES

- Schuler, T.A., Yang H-C., Thornton, L.M., Andersen, B.A., & Carson III, W.E. (under review). **Marital quality and survivorship: Biological indicators of chronic stress exposure for breast cancer patients in distressed relationships.** *Brain Behavior & Immunity.*
- Thornton, L.M., Andersen, B.A., Schuler, T.A., & Carson III, W.E. (2009). **A psychological intervention reduces inflammation by alleviating depressive symptoms: Secondary analysis of a randomized clinical trial.** *Psychosomatic Medicine, 71,* 715-724.
- Yang H-C. & Schuler, T.A. (2009). **Marital quality and survivorship: Slowed recovery for breast cancer patients in distressed relationships.** *Cancer, 115,* 217-228.

PRESENTATIONS AT SCHOLARLY MEETINGS

- Schuler, T.A., & Andersen, B.A. (under review, May, 2010). **Longitudinal effects of marital distress on two-year psychological, behavioral, biological, and health trajectories in advanced and recurrent cancer patients.** Session under review for presentation at the International Psychosocial Oncology Society 12th World Congress of Psycho-Oncology. Quebec City, Canada.
- Kelly, E., Schuler, T.A., & Andersen, B.L. (2009). ***Dietary habits following initial diagnosis and surgery for breast cancer predict physical functioning, quality of life, and psychological distress.*** Poster session presented at the Psychology Department Undergraduate Research Colloquium. The Ohio State University.
- Kelly, E., Schuler, T.A., & Andersen, B.L. (2009). ***Diet after breast cancer diagnosis predicts physical and psychological health.*** Poster session presented at the Denman Undergraduate Research Forum. The Ohio State University.
- Kelly, E., Schuler, T.A., & Andersen, B.L. (2009). ***Eating habits following initial diagnosis and surgery for breast cancer predict physical functioning, quality of life, and psychological distress.*** Poster session presented at the annual meeting of the Society of Behavioral Medicine. Montreal, Canada.
- Thornton, L.M., Andersen, B.A., Schuler, T.A., & Carson III, W.E. (2009). **A psychological intervention reduces inflammation by alleviating depressive symptoms: Secondary analysis of a randomized clinical trial.** Paper presented at the 6th annual American Psychosocial Oncology Conference. Charlotte, NC.
- Schuler, T.A., Yang, H.C., & Andersen, B.L. (2008). ***The Effects of Romantic Partnership Distress on Neuroendocrine and Immune Response Trajectories Among Five-Year Breast Cancer Survivors.*** Poster session presented at the 4th biennial American Cancer Society Cancer Survivorship Conference. Atlanta, GA.
- Yang H.C., Schuler, T.A., & Andersen, B.L. (2008). ***Marital distress predicts prolonged stress, poor mental health, and slowed physical recovery in breast cancer survivors.*** Paper presented at the annual meeting of the Society of Behavioral Medicine. San Diego, CA.
- Brothers, B.B., Thornton, L.M., Schuler, T.A., & Andersen, B.L. (2008). ***How long does depression at cancer diagnosis affect a patient's health?*** Poster session presented at the annual meeting of the Society of Behavioral Medicine. San Diego, CA.

- Bremer, A., Schuler, T.A., & Andersen, B.L. (2008). *Does body change distress differ for breast and gynecologic cancer survivors?* Poster session presented at the annual meeting of the Society of Behavioral Medicine. San Diego, CA.
- Kirlin, K.A., Chung, S.S., Schuler, T.A., & Baxter, L.C. (2006) *Concordance of an fMRI memory task with structural MRI, EEG, and IAT in pre-surgical TLE patients.* Poster session presented at the annual meeting of the American Epilepsy Society and Canadian League Against Epilepsy. San Francisco, CA.
- Kittle, G., Gale, S.D, Schuler, T.A., & Baxter, L.C. (2006). *Sex differences in verbal and visual learning in cognitively normal elderly.* Poster session presented at the Alzheimer's Association 10th international conference on Alzheimer's Disease and Related Disorders. Madrid, Spain.
- Matthes, J., Baxter, L., Gonzales, F., & Schuler, T. (2006). *Cognitive outcomes following brain tumor surgery: The role of pathology and fMRI activation.* Poster session presented at the annual meeting of the International Neuropsychological Society. Boston, MA.
- Grant, D., Baxter, L., Caselli, R., & Schuler, T. (2006). *Apolipoprotein E ϵ 4 influence on verbal learning and memory in cognitively normal individuals at risk for Alzheimer's Disease.* Poster session presented at the annual meeting of the International Neuropsychological Society. Boston, MA

APPLIED CLINICAL EXPERIENCE

- **Advanced Practicum in Dialectical Behavior Therapy** 2009-present
The Ohio State University
Supervisor: Jennifer Cheavens, Ph.D.
Provided individual therapy and group skills training to adult outpatients with a psychiatric diagnosis of an Axis II disorder.
- **Advanced Practicum in Anxiety and Stress Disorders** 2008-present
The Ohio State University
Supervisor: Joe DeCola, Ph.D.
Provided individual therapy to adult outpatients with a primary psychiatric diagnosis of an anxiety disorder.
- **Advanced Practicum in the Treatment of Depression in Cancer Patients and Survivors** 2008-present
Stress and Immunity Cancer Projects; The Ohio State University
Supervisors: Barbara L. Andersen, Ph.D.; Daniel Strunk, Ph.D.; Lisa Thornton, Ph.D.
Provided individual, manualized therapy and conducted clinical interviews for cancer patients and survivors with a primary psychiatric diagnosis of major depressive disorder.
- **Advanced Practicum in Cardiopulmonary Behavioral Medicine** 2008
The Ohio State University
Supervisor: Charles Emery, Ph.D.
Provided individual therapy and group medical interventions for adult outpatients with chronic cardiopulmonary disease and for those preparing for bariatric surgery; conducted psychological evaluations with lung transplant and lung volume reduction surgery candidates.

- **Practicum at Psychological Services Center** 2007-2008
The Ohio State University
Supervisor: Barbara L. Andersen, Ph.D.
Provided individual therapy to adult outpatients with a primary psychiatric diagnosis of an Axis I disorder.
- **Health Psychology Practicum** 2004-2005
Northern Arizona University
Supervisor: Sumner Sydeman, Ph.D.
Provided individual therapy for individuals with health psychology concerns and primary psychiatric diagnosis of an Axis I disorder; co-created and co-led a sports psychology stress management intervention.
- **Health Promotion Practicum** 2004
Northern Arizona University
Supervisor: Kristin Kilbourn, Ph.D.
Co-led a community-oriented stress-management workshop.
- **Fieldwork** 2002
The Alternatives Center; Flagstaff, AZ
Supervisor: Vicki Green, Ph.D.
Conducted intake assessments with and provided psychosocial intervention for juveniles and families in crisis

VOLUNTEER WORK

- **Graduate Representative for Clinical Psychology Faculty Meetings** 2008-present
The Ohio State University
- **Counsel for Graduate Students (CGS) Department of Psychology** 2008-2009
Alternate Delegate
The Ohio State University
- **Undergraduate research supervisor** 2007-present
The Stress and Immunity Cancer Projects; The Ohio State University
Trained and supervised 3 undergraduate students in their preparation for national scientific conference poster presentations
- **Guest Presenter** 2004
'CancerFit' at The Firm; Flagstaff, AZ
Presented psychosocial information relevant to wellness following cancer diagnosis at cancer survivorship mind-body wellness program
- **Psi Chi Psychology National Honors Society Alumni Liason** 2003-2004
Northern Arizona University
- **American Cancer Society Relay for Life Psychology Department** 2002-2006
Team Captain
Northern Arizona University
- **Psi Chi Psychology National Honors Society Treasurer** 2001-2003
Northern Arizona University