

VITA (1/15/16)

Barbara L. Andersen

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Education

University of Illinois	Psychology	B.S.	1973
University of Illinois	Psychology	M.A.	1978
University of Illinois	Clinical Psychology	Ph.D.	1980
UCLA, Neuropsychiatric Institute	UAF/Psychology	Intern.	1980

Academic and Professional Experience

1978-1979	Visiting Instructor, Department of Psychology, University of Illinois
1980-1985	Assistant Professor, Department of Psychology, University of Iowa
1986 Fall	Visiting Fellow, Department of Psychology, Yale University
1985-1988	Associate Professor, Department of Psychology and Department of Obstetrics and Gynecology, University of Iowa
1989-1991	Associate Professor, Department of Psychology and Department of Obstetrics and Gynecology, The Ohio State University
1991-present	Professor, Department of Psychology and Department of Obstetrics and Gynecology, The Ohio State University
2000-present	Distinguished University Professor, Ohio State University

Awards

Burlington Northern Achievement Award for Excellence in Teaching, U. of Iowa, 1985
 Research Scholar Award, University of Iowa, 1988
 Distinguished Scholar Award, Ohio State University, 2000
 Outstanding Contributions to Health Psychology Award (Div 38),
 American Psychological Association, 2003
 Distinguished University Lecturer, Ohio State University, 2003
 Minton Hero of Hope Research Medal of Honor, American Cancer Society, 2004
 Distinguished Senior Investigator, Society of Behavioral Medicine (Cancer SIG), 2015

Honors and Special Recognition

Edmund James Scholar, University of Illinois, 1971-1973
 B.S. with High Honors and High Distinction in Psychology, 1973
 Psi Chi, 1972; Phi Kappa Phi, 1973; Sigma Xi, 1982
 Fellow, Academy of Behavioral Medicine Research, 1987
 Gadeski Professor, Cross Cancer Institute and the University of Alberta-Edmonton and UA-Calgary, Canada, 1987
 Fellow, American Psychological Association, 1988
 Secretary, Academy of Behavioral Medicine Research, 1988-1993

Invited Member, Western Association of Gynecologic Oncologists, 1991
 Participant, Women in Science and Technology Briefing, The White House, 1993
 Distinguished Visiting Professor, Wilford Hall Medical Cnt., Lackland AFB, April 1997
 Distinguished Visiting Prof., Griffith U. and Queensland Cancer Fund, Australia, 2003
 Excellence in Education Award, *Ohio Magazine*, 2003
 Fellow, American Association for the Advancement of Science (AAAS), 2004

Professional Affiliations

American Psychological Association, Fellow of Divisions 12 and 38
 Academy of Behavioral Medicine Research, Fellow
 Society of Behavioral Medicine, Fellow
 International Gynecologic Cancer Society
 Western Association of Gynecologic Oncologists, Invited honorary member
 Society of Psychosomatic Obstetrics and Gynecology

SERVICE

International

Board Member, Queensland Cancer Fund and Griffith University and the Cancer Patient Counseling Clinic, Australia, 2003-2006.
 Member, GlaxoSmithKline International Advisory Board, Health-related quality of life issues related to cervical cancer, cervical dysplasia, and HPV. Rome, Italy, 2005.
 Faculty member, Global Summit on International Breast Health: Guidelines for International Breast Health and Cancer Control: Supportive Care and Quality of Life. Vienna, Austria, October 3-5, 2012.

National

Member (Behavioral), NCI Program Review Group: Leukemia, Lymphoma, & Myeloma. 2000.
 Member, Board of Scientific Affairs, American Psychological Association, 1999-2001.
 Co-Chair (Behavioral), NCI Program Review Group: Gynecologic Cancer. 2001-2002.
 Member, National Comprehensive Cancer Network, Distress Management Panel, 2002 to present.
 Member, Steering Committee, American Psychological Association. Addressing SES Related Cancer Disparities: National in Scope-Local in Impact. 2009-14.
 Member, Cancer Survivorship Registry (MAP) Advisory Council, The (Wellness) Cancer Support Community. 2009-present.
 Member, APA Advisory Steering Committee for Development of Clinical Practice Guidelines. 2014-2017.

Grant Panels

Member, Behavioral and Social Sciences Panel (2), Breast Cancer Research Program, Department of the Army, February 1994.
 Chair, Psychology Review Committee, Defense Women's Health Research Program, Department of the Army, November 1994.

Chair, Panel 3, National Action Plan on Breast Cancer, Office on Women's Health, NIH, July 1995.

Member, Psychosocial and Behavioral Review Committee, American Cancer Society, 1995-1996.

Chair, Psychosocial and Behavioral Review Committee, American Cancer Society, 1996-1998.

Chair, Behavioral and Social Sciences Panel (2); Breast Cancer Research Program, Department of the Army: 1995-1998.

Member, Subcommittee G (Education and Training); NIH, National Cancer Institute, 2008-2011.

Member, Subcommittee J (Education and Training); NIH, National Cancer Institute, 2012-2013.

Editorial

Guest Editor: *Journal of Psychosomatic Obstetrics and Gynecology*, 1986. (Special issue on gynecologic cancer).

Associate Editor: *Annals of Behavioral Medicine*, 1990-1993.

Journal of Consulting and Clinical Psychology, 1991-1996.

Editorial Board: *Journal of Consulting and Clinical Psychology*, 1986-1989.

Journal of Social and Clinical Psychology, 1986-2002.

Journal of Psychosomatic Obstetrics and Gynecology, 1987-1995.

Journal of Sex Research, 1989-1992.

Psychosomatic Medicine, 2004-2010.

Archives of Sexual Behavior, 2005-present.

The Open Clinical Cancer Journal, 2007-present.

Journal of Integrative Cancer Therapies, 2010-present.

Psycho-Oncology, 2016-present

University Service

University of Iowa:

University Human Subjects Review: Committee D, 1982-1985.

Committee on Affirmative Action, 1983-1986.

Women in Research Conference, 1985-87 Steering Committee.

Faculty Assembly, 1985-1988.

Faculty Senate, 1984-1988.

Advisory Committee on Statistics, 1987-1988.

Committee on the Appropriate Uses of the University, 1987-1988.

Department of Psychology:

Chair, Search Committee, 1985-86.

Founding Advisor, Iowa Students Psychological Association, 1983-1988.

Founding Advisor, Psi Chi, 1984-1988.

Undergraduate Studies Committee, 1984-1988.

Graduate Studies Committee, 1987-1988.

Coordinator, Health and Behavioral Sciences Area, 1987-1988.

Director of Clinical Training, 2015

The Ohio State University:

Postdoctoral Fellowship Selection Committee, 1996-97.
 Center for Excellence in Women's Health Research, 1997-98.
 Provost's Promotion and Tenure Review Committee, 1999-2002.
 Faculty Distinguished Scholar Selection Committee, 2001-2005.
 Search Committee for Executive Vice President for Research: 2003-2004.

College of the Arts and Sciences
 Executive Committee, 2008-2010.
 Faculty Advisory Committee, 2010-2012.

College of Social and Behavioral Sciences:
 Department of Political Science Internal Review, 1992-93.
 Dean's Promotion and Tenure Review Committee, 1992-1996.

Department of Psychology:
 Clinical Search Committee: Member, 1989-1990; 2000; Chair, 1993-94, 1997-1998.
 Ad hoc committee on graduate student funding: 1992-93.
 Speakers Committee, 1990-1992; Chair, 1997-98.
 Psychology Chair Selection Committee, 1997-98; 2001-02.
 Stipends Committee, 1992-2003; 2005-present.
 Selective Investment Search Committee: Member, 1998-2002.
 Eminent Scholar Search Committee: Chair, 2002-2004.
 Building Committee, 2002-2006.
 Director of Clinical Training, 2003-2006; 2015-present
 Psychobiology Search Committee: Member, 2009-2010.
 Promotion and Tenure Committee: Member, 2009-2014.
 Quantitative Search Committee: Member, 2014-15

Comprehensive Cancer Center & Solove Research Institute
 Block Memorial Lecture Committee, 1992-1996.
 Member, Immunology Program; 1999- present.
 Member, Prevention and Control Program; 1999-present.
 Director, Behavioral Measurement Shared Resource; 2003-2005.
 Director/PI, Livestrong Survivorship Center of Excellence, 2009-2011
 Member, CCC Clinical Scientific Review Committee, 2011-present
 Member, Peletonia Program Committee, 2014-present
 Member, Cancer Control and Pop. Sciences Grant Review Comm, 2013-present

Community (State/National) Service, 2012-present

Speaker, "Meeting the Needs of the Whole Patient in Cancer Care." Capitol Hill Briefing, Washington DC; Organized by the Cancer Support Community, May 8, 2012.
 Panelist, "Addressing patient needs across the care continuum." Patient Advocacy Summit, National Press Club, Washington DC. Organized by the National Comprehensive Cancer Network (Nov. 28, 2012).
 Featured expert, "Sexuality following cancer," on www.talkabouthealth.com, Nov. 14, 2012.

Article for *Coping with Cancer* magazine. (Jan./Feb., 2013). The importance of social support during cancer. (Pg.32).

Speaker, Anticancer Lifestyle Program of Concord, NH. (April 25, 2013). Cancer and stress: What's the connection?

Panelist and Speaker, Ohio Department of Health/Commission on Cancer Clinical and Community Linkages Conference (June 14, 2013).

Featured expert, "Numerous support services available to address needs of unmarried cancer patients," in *Oncology Times* (Dec. 10, 2013).

Featured expert, "The importance of mental health screening and treatment in cancer patients," in *Psychiatry Weekly* (May 19, 2014).

Keynote, "Psychological, behavioral, and biologic responses to cancer: The path forward." OSUCCC Stephanie Spielman Breast Cancer Survivorship Conference (Oct. 11, 2014). Columbus, OH.

Featured expert, "Managing anxiety and depressive symptoms in cancer survivors," in *Physician's Weekly* (2015).

Speaker, "Sexuality following breast cancer." OSUCCC Breast Cancer Survivorship Conference (Oct. 24, 2015). Columbus, OH.

Speaker, "Stress, immunity, and cancer survival. The Cancer Support Community, Walnut Creek, CA (Nov. 3-4, 2015).

RESEARCH

Grants (PI)

NIH/University of Iowa Biomedical Research Support Grant, 1981-1982. "Psychological reactions to radiation therapy and methods to improve adjustment to recovery."

NIH/NCI New Investigator Award, R23 GA35702, 1985-1987. Longitudinal study of gynecologic oncology patients.

American Cancer Society. 1987-1989. Collaborative investigation of differential sexual outcomes following treatment of in situ vulvar disease.

University of Iowa Faculty Scholar Award, 1988-1991. Prevention of sexual functioning morbidity in women with cancer.

American Cancer Society, 1989-1990. Prevention of sexual functioning morbidity.

Ohio State University, internal awards:

(1990-91) Seed grant: Psychological aspects of cancer

(1992-93) Faculty Interdisciplinary Seminar Grant: Cancer and behavior.

(1995) Elizabeth Gee Fund for Research on Women.

(2007) Targeted Investments in Excellence (TIE) Award

(2013) Peletonia Idea Grant

American Cancer Society, PBR-89, 1/1/94-12/31/95. Psychological intervention for women with cancer.

The Longaberger Company / American Cancer Society Grant for Breast Cancer Research, PBR-89A, 1/1/96-12/31/96. Psychological intervention for women with cancer.

U.S. Army Medical Research Acquisition Activity Breast Cancer Research Program, DAMD 17-94-J-4165, 9/1/94-8/31/95. Psychological intervention for women with breast cancer.

U.S. Army Medical Research and Development Command Breast Cancer Research Program, DAMD 17-96-1-6294, 8/15/96-8/14/00. Stress and immunity breast cancer project.

National Institutes Health/NIMH, RO1 MH51487, 9/30/96-4/30/01. Psychological intervention for women with breast cancer.

Walther Cancer Institute, 8/97-8/01. Biobehavioral aspects of cancer recurrence.

Dana Foundation, 1/1/00-12/31/01. B. Andersen (co-PI with W. Carson): Mechanisms of stress-related effects on host immune responses in breast cancer.

National Institutes of Health/NCI, RO1 CA92704, 7/1/01-6/30/08. Psychological intervention for women with breast cancer.

Department of Defense (Army: W81XWH-05-2-0065). B.Andersen (co-PI with J.Fowler). Gynecologic Cancer Center Grant for Racial Disparities. 7/1/05-6/30/08.

American Cancer Society/ The Longaberger Company, RSGPB-03-248-01-PBP, 1/1/2004-12/31/2010. Biobehavioral aspects of recurrence.

National Institutes of Health/NCI, 1 K05 CA144024, 9/1/04-10/30/09; 2 K05 CA098133, 10/1/10-9/30/15; Established Investigator Award in Cancer Prevention and Control: Biobehavioral responses to cancer.

Susan G. Komen Breast Cancer Foundation (Columbus chapter). 4/1/07-4/1/10. Spirit of Strength (SOS) Project: Treatment of depression in breast cancer patients and survivors.

Lance Armstrong Foundation. 01/01/2007 - 12/31/2011. LIVESTRONG Survivorship Center of Excellence.

National Institutes of Health/NCI, R21 CA135005. 04/1/09-03/31/11. A biobehavioral intervention for patients with breast cancer recurrence.

National Institutes of Health/NCI, R21 CA149675, 10/1/11-9/30/13. Psychosexual intervention for gynecologic cancer patients.

OSU-CCC. Peletonia Idea Award, 9/30/13-10/1/15. Co PIs: B.L. Andersen, A. Johnson. Biobehavioral aspects of chronic lymphocytic leukemia.

Henry M. Jackson Foundation for the Advancement of Military Medicine (USAMRAA), GRT00029019_001, 7/19/2013 – 6/18/2016. (C. Hamilton; collaborator PI; Andersen). Biobehavioral outcomes following intervention for ovarian cancer patients.

National Institutes of Health/NCI, R25E CA163197, 10/1/2011 – 9/31/2016. Biobehavioral intervention (BBI) training for supportive care professionals

Mentored grants:

American Cancer Society, PF-01-017-01-PBP, 1/1/2001-12/31/2003. S. Wells (PI). Social support and health outcomes of partners of recurrent breast cancer patients.

Susan G. Komen Breast Cancer Foundation, DISS0201766. 7/1/03-6/29/05. L. Thornton (PI). Stress and immunity in a longitudinal study of breast cancer patients.

American Cancer Society. PF-07-169-01-CPPB, 4/1/07-4/1/09. L. Thornton (PI). Breast cancer survivorship: Risk and resilience.

National Cancer Comprehensive Network. J. Lester (PI). Distress in leukemia and breast cancer survivors following active treatment, 7/1/11-6/30/14; 7/1/14-3/30/15 NCE

OSU CCC Peletonia Award (Graduate). T. Westbrook (PI). Biobehavioral aspects of chronic lymphocytic leukemia, 9/1/15-8/31/17.

OSU CCC Peletonia Award (Post graduate). M.Ryba (PI). Test of computer assisted cognitive behavior therapy for depressed cancer patients, 1/2/16-12/31/17.

Publications: Books

- Redd, W.H., Porterfield, A.L., & Andersen, B.L. (1979). *Behavior modification: Behavioral approaches to human problems*. New York: Random House.
- Andersen, B.L. (Ed.). (1986). *Women with cancer: Psychological perspectives*. New York: Springer-Verlag.
- Baum, A., & Andersen, B.L. (Eds.) (2001). *Psychosocial interventions for cancer patients*. Washington D.C., American Psychological Association.
- Andersen, B.L. (2012). *Cancer to Health: Biobehavioral Treatment for Cancer Patients (Therapist Manual)*. Columbus, OH: BEST Press.
- Andersen, B.L. (2012). *Cancer to Health: Biobehavioral Treatment for Cancer Patients (Patient Guidebook)*. Columbus, OH: BEST Press.

Publications: Empirical and scholarly articles

- Andersen, B.L., Licht, B.G., Ullmann, R.K., Buck, S.T., & Redd, W.H. (1979). Paraprofessional reading tutors: Assessment of the Edmark reading program and flexible teaching. *American Journal of Community Psychology, 7*, 689-699.
- Andersen, B.L., & Redd, W.H. (1980). Programming generalization through stimulus fading in educational settings. *Education and Treatment of Children, 3*, 297-314.
- Cacioppo, J.T., & Andersen, B.L. (1981). Greeting cards as data on social processes. *Basic and Applied Social Psychology, 2*, 115-119.
- Andersen, B.L. (1981). A comparison of systematic desensitization and directed masturbation in the treatment of primary orgasmic dysfunction in females. *Journal of Consulting and Clinical Psychology, 49*, 568-570.
- Andersen, B.L. (1983). Primary orgasmic dysfunction: Diagnostic considerations and review of treatment. *Psychological Bulletin, 93*, 105-136.
- Andersen, B.L., & Hacker, N.F. (1983). Treatment for gynecologic cancer: A review of the effects on female sexuality. *Health Psychology, 2*, 203-221.
- Andersen, B.L., & Hacker, N.F. (1983). Psychosexual adjustment of gynecologic oncology patients: A proposed model for future investigation. *Gynecologic Oncology, 15*, 214-223.
- Andersen, B.L., & Hacker, N.F. (1983). Psychosexual adjustment following pelvic exenteration. *Obstetrics and Gynecology, 61*, 331-338.
- Andersen, B.L., & Hacker, N.F. (1983). Psychosexual adjustment after vulvar surgery. *Obstetrics and Gynecology, 62*, 457-462.
- Andersen, B.L. (1983). Review of *Women discover orgasm* by L. Barbach. *Psychology of Women Quarterly, 8*, 200-201.
- Andersen, B.L. (1984). Psychological reactions to gynecologic cancer. In A. Broome & L. Wallace (Eds.), *Psychology and gynaecological problems*. London: Tavistock Publications.
- Andersen, B.L., Karlsson, J.A., Anderson, B.A., & Tewfik, H.H. (1984). Anxiety and cancer treatment: Response to stressful radiotherapy. *Health Psychology, 3*, 535-551.
- Andersen, B.L., & Tewfik, H.H. (1985). Psychological reactions to radiation therapy: A reconsideration of the adaptive aspects of anxiety. *Journal of Personality and Social Psychology, 48*, 1024-1032.
- Andersen, B.L., & Jochimsen, P.R. (1985). Sexual functioning among breast cancer, gynecologic cancer, and healthy women. *Journal of Consulting and Clinical Psychology, 53*, 25-32.

- Andersen, B.L. (1985). Sexual functioning morbidity among cancer survivors: Present status and future research directions. *Cancer, 55*, 1835-1842.
- Pasnau, R.O., Soldinger, S., & Andersen, B.L. (1985). Pelvic pain. In R.G. Priest (Ed.), *Mental disorders in women*. New York: MerceL Dekker.
- Andersen, B.L., Lachenbruch, P.A., Anderson, B., & deProsse, C. (1986). Sexual dysfunction and signs of gynecologic cancer. *Cancer, 57*, 1880-1886.
- Andersen, B.L., & Anderson, B. (1986). Psychosomatic aspects of gynecologic oncology: Present status and future directions. *Journal of Psychosomatic Obstetrics and Gynaecology, 5*, 233-244.
- Karlsson, J.A., & Andersen, B.L. (1986). Radiation therapy and psychological distress: Outcomes and recommendations for enhancing adjustment. *Journal of Psychosomatic Obstetrics and Gynaecology, 5*, 283-294.
- Cacioppo, J.T., Andersen, B.L., Turnquist, D.C., & Petty, R.E. (1986). Psychophysiological comparison processes: Interpreting cancer symptoms. In B.L. Andersen (Ed.), *Women with cancer: Psychological perspectives* (pp. 141- 171). New York: Springer-Verlag.
- Andersen, B.L. (1986). Sexual difficulties for women following cancer treatment. In B.L. Andersen (Ed.), *Women with cancer: Psychological perspectives* (pp. 257-288). New York: Springer-Verlag.
- Andersen, B.L., & Jochimsen, P.R. (1987). Research design and strategy for studying psychological adjustment to cancer: Reply to Thomas. *Journal of Consulting and Clinical Psychology, 55*, 122-124.
- Andersen, B.L. (1987). Sexual functioning morbidity following gynecologic cancer. In J.J. Sciarra (Ed.), *Gynecology and obstetrics (Vol. 4)*. Philadelphia: Harper & Row.
- Martzke, J.E., Andersen, B.L., & Cacioppo, J.T. (1987). Cognitive assessment of anxiety disorders. In L. Michelson & M. Ascher (Eds.), *Cognitive-behavioral assessment and treatment of anxiety disorders*. New York: Guilford Press.
- Andersen, B.L. (1987). Sexual functioning complications in women with gynecologic cancer: Outcomes and directions for prevention. *Cancer, 60*, 2123-2128.
- Andersen, B.L. (1987). Conceptualization, assessment, and research design: Study of sexual functioning among cancer patients. *Meeting on Psychosexual and Reproductive Issues Affecting Patients with Cancer-1987*. New York: American Cancer Society. (pp. 2-12).
- Routh, D.K., & Andersen, B.L. (1988). Psychological aspects of gynecologic procedures in infancy and childhood. In E.A. Blechman & K. Brownell (Eds.), *Behavioral medicine for women*. New York: Pergamon.
- Andersen, B.L., Turnquist, D., LaPolla, J., & Turner, D. (1988). Sexual functioning after treatment of in-situ vulvar cancer: Preliminary report. *Obstetrics and Gynecology, 71*, 15-19.
- Turnquist, D.C., Harvey, J.H., & Andersen, B.L. (1988). Attributions about life threatening illness. *British Journal of Clinical Psychology, 27*, 55-65.
- Andersen, B.L., & Broffitt, B. (1988). Is there a reliable and valid measure of sexual behavior? *Archives of Sexual Behavior, 17*, 509-525.
- Andersen, B.L., Broffitt, B., Karlsson, J.A., & Turnquist, D.C. (1989). A psychometric analysis of the Sexual Arousability Index. *Journal of Consulting and Clinical Psychology, 57*, 123-130.

- Andersen, B.L., Anderson, B., & deProse, C. (1989). Controlled prospective longitudinal study of women with cancer: I. Sexual functioning outcomes. *Journal of Consulting and Clinical Psychology, 57*, 683-691.
- Andersen, B.L., Anderson, B., & deProse, C. (1989). Controlled prospective longitudinal study of women with cancer: II. Psychological outcomes. *Journal of Consulting and Clinical Psychology, 57*, 692-697. Also abstracted in *Clinician's Research Digest, 8* (No. 7).
- Andersen, B.L. (1989). Health psychology's contribution to addressing the cancer problem: Update on accomplishments. *Health Psychology, 8*, 683-703.
- Andersen, B.L., Beck, G., Ouellette-Kobasa, S., Revenson, T.A., & Temoshok, L. (1989). Working Group Report: Directions for a Psychology Research Agenda in Cancer. *Health Psychology, 8*, 753-760.
- Cacioppo, J.T., Andersen, B.L., Turnquist, D.C., & Tassinari, L.G. (1989). Psychophysiological comparison theory: On the experience, description, and assessment of signs and symptoms. *Patient Education and Counseling, 13*, 257-270.
- Andersen, B.L., & Turnquist, D.C. (1989). Psychological issues in gynecologic oncology. In J.S. Berek & N.F. Hacker (Eds.), *Practical gynecologic oncology*. Baltimore: Williams & Wilkins.
- Walling, M.K., Andersen, B.L., & Johnson, S.R. (1990). Hormonal replacement therapy for postmenopausal women: A review of sexual outcomes and related gynecologic effects. *Archives of Sexual Behavior, 19*, 119-137.
- Andersen, B.L., & Cacioppo, J.T. (1990). Secondary and tertiary prevention: Psychophysiological Comparison Theory and its role in understanding patient delay. *Cancer Prevention, 1*, 122-126.
- Andersen, B.L. (1990). Psychologische Aspekte der Bewältigung einer Krebserkrankung. In U. Koch & F. Potreck-Rose (Eds.), *Krebs-rehabilitation und Psycho-onkologie*. Berlin: Springer-Verlag. (pp. 22-31).
- Andersen, B.L. (1990). Review of *Unending work and care: Managing chronic illness at home* by J. M. Corbin and A. Strauss. *Contemporary Psychology, 35*, 809-810.
- Andersen, B.L. (1990). How cancer affects sexual functioning. *Oncology, 4* (No.6), 81-88. Also reprinted in: Tchekmedyian, N.S., & Cella, D. (Eds.) (1991). *Quality of life in oncology practice and research*. Williston Park, NY: Dominus Publishers. (pp 127-134).
- Andersen, B.L., & Schmuck, G. (1991). Sexuality and cancer. In A.I. Holleb, D. Fink, & G.P. Murphy (Eds.), *American Cancer Society textbook of clinical oncology*, (606-616). Atlanta: American Cancer Society, Inc.
- Redd, W.H., Silberfarb, P.M., Andersen, B.L., Andrykowski, M.A., Bovbjerg, D., Burish, T.G., Carpenter, P.J., Cleeland, C., Dolgin, M., Levy, S.M., Mitnik, L., Morrow, G.R., Schover, L.R., Spiegel, D., & Stevens, J. (1991). Working group report: Physiologic and psychobehavioral research in oncology. *Cancer, 67*, 813-822.
- Andersen, B.L. & LeGrand, J. (1991). Body image for women: Conceptualization, assessment, and a test of its importance to sexual dysfunction and medical illness. *The Journal of Sex Research, 28*, 457-477.
- Manne, S., & Andersen, B.L. (1991). Pain and pain-related distress in pediatric cancer patients. In J. Bush and S. Harkins (Eds.), *Pain in children: clinical and research issues from a developmental perspective*. New York: Springer-Verlag. (pg 337-371).
- Andersen, B.L. (1992). Psychological interventions for cancer patients to enhance the quality of life. *Journal of Consulting and Clinical Psychology, 60*, 552-568. Also reprinted in

- Suinn, R.M., & VandenBos, G.R. (1999). *Cancer patients and their families: Readings on disease course, coping, and psychological interventions*. Washington, D.C.: American Psychological Association. (pg. 131-162).
- Andersen, B.L. (1992). Breast cancer: Prevention and control. *Annals of Behavioral Medicine*, 14, 187-188.
- Andersen, B.L., van der Does, J., & Anderson, B. (1992). Sexual outcomes following gynecologic cancer. In M. Coppelson, P. Morrow, and M. Tattersall (Eds.) *Gynecologic Oncology, 2nd ed.* Edinburgh: Churchill Livingstone. (pg. 1481-1497)
- Thompson, L., Andersen, B.L., & DePetrillo, A.D. (1992). The psychological processes of recovery from gynecologic cancer. In M. Coppelson, P. Morrow, and M. Tattersall (Eds.) *Gynecologic Oncology, 2nd ed.* Edinburgh: Churchill Livingstone. (pg. 1499-1505).
- Berek, J., & Andersen, B.L. (1992). Sexual rehabilitation: Surgical and psychological approaches. In W.J. Hoskins, C.A. Perez, & R. C. Young (Eds.), *Principles and practice of gynecologic oncology* (pp. 401-416). Philadelphia: J.B. Lippincott Company.
- Atkinson, C., & Andersen, B.L. (1992). Health psychology: A holistic view. A review of *Theoretical and applied aspects of health psychology* by L. Schmidt, P. Schwenkmezger, J. Weinman, & S. Maes (Eds.). *Contemporary Psychology*, 37, 553-554.
- Andersen, B.L., & Elliot, M. (1993). Sexuality for women with cancer: Assessment, theory and treatment. *Journal of Sexuality and Disability*, 11, 7-37.
- Andersen, B.L. (1993). Predicting sexual and psychological morbidity and improving quality of life for women with gynecologic cancer. *Cancer*, 71, 1678-1690.
- Nagayama Hall, G.C, & Andersen, B.L. (1993). Sexual dysfunction and deviation. In A. S. Bellack & M. Hersen (Eds.), *Psychopathology in adulthood: An advanced text* (pp. 295-318). New York: Allyn & Bacon.
- Andersen, B.L., & Doyle-Mirzadeh, S. (1993). Breast disorders. In D.E. Stewart & N. L. Stotland (Eds.), *Psychological aspects of woman's health care: The interface between psychiatry and obstetrics and gynecology* (pp. 425-446). American Psychiatric Press, Inc.
- Andersen, B.L. (1993). Cancer. In D. Carroll and C. Niven (Eds.), *The Health Psychology of Women* (pp. 75-89). Chur, Switzerland: Harwood Academic Publishers.
- Andersen, B.L. (1993). Psychological adjustment for the women with gynecologic cancer. In L. Copeland (Ed.), *Textbook of gynecology* (pp. 1157-1168). New York: W.B. Saunders Company.
- Andersen, B.L. (1994). Yes, there are sexual problems. Now, what can we do about them? *Gynecologic Oncology*, 52, 10-13. (Invited commentary).
- Andersen, B.L., Kiecolt-Glaser, J.K., & Glaser, R. (1994). A biobehavioral model of cancer stress and disease course. *American Psychologist*, 49, 389-404.
- Also reprinted in:
Suinn, R.M., & VandenBos, G.R. (1999). *Cancer patients and their families: Readings on disease course, coping, and psychological interventions*. Washington, D.C.: American Psychological Association. (pg. 3-31).
- Andersen, B.L., & Cyranowski, J.C. (1994). Women's sexual self schema. *Journal of Personality and Social Psychology*, 67, 1079-1100.
- Andersen, B.L., & van der Does, J. (1994). Sexual morbidity following gynecologic cancer: An international problem. *International Journal of Gynecologic Cancer*, 4, 225-240.

- Andersen, B.L., & Elliot, M. (1994). Female cancer survivors: Appreciating their sexual concerns. *The Canadian Journal of Human Sexuality*, 3, 107-122. Also reprinted in *Directions in Clinical Psychology: Sexuality issues in counseling & therapy* (Lesson 3). (1995). The Hatherleigh Company, Inc.
- Andersen, B.L., Woods, X., & Cyranowski, J.C. (1994). Sexual self schema predicts sexual morbidity following cancer. *The Canadian Journal of Human Sexuality*, 3, 165-170.
- Andersen, B.L. (1994). Surviving cancer. *Cancer*, 74, 1484-1495.
- Golden-Kreutz, D., & Andersen, B.L. (1994). Do psychological interventions affect cancer survival? A review of *Coping with cancer and beyond: Cancer treatment and mental health* by J. ten Have-de Labije and H. Balner (Eds). *Contemporary Psychology*, 39, 825-826.
- Golden-Kreutz, D., & Andersen, B.L. (1994). Psychosocial treatment of cancer patients. A review of *Cancer patient care: Psychosocial treatment methods* by M. Watson (Ed). *Contemporary Psychology*, 39, 953-954.
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- Wu, S.M., Brothers, B.M., Farrar, W., B., Andersen, B.L. (2014). Individual counseling is the preferred treatment for depression in breast cancer survivors. *Journal of Psychosocial Oncology*, 32(6), 637-646.
- Williams, K.C. & Andersen, B.L. (2015). Psychological issues. In J.S. Berek & N.F. Hacker (Eds.), *Practical gynecologic oncology*, 6th ed. (pp. 928-934). Philadelphia: Wolters Kluwer.
- Andersen, B.L., Dorfman, C., & Godiwala, N. (2015). Cognitive and biobehavioral interventions. In J.C. Holland (Ed.), *Psycho-oncology*, 3rd ed. (pp. 449-457). New York: Oxford University Press.
- Brothers, B.M., Carpenter, K.M., Shelby, R.A., Thornton, L.M., Frierson, G.M., Patterson, K., &

- Andersen, B.L. (2015). Dissemination of an evidence-based treatment for cancer patients: Training is the necessary first step. *Translational Behavioral Medicine*, 5(1), 103-112.
- Lutendorf, S.K., & Andersen, B.L. (2015). Biobehavioral approaches to cancer progression and survival: Mechanisms and interventions. *American Psychologist*, 70(2), 186-197.
- Andersen, B.L., Rowland, J.H., & Somerfield, M.R. (2015). Guideline Summary: Screening, Assessment, and care of anxiety and depressive symptoms in adults with cancer: An American Society of Clinical Oncology Guideline Adaptation. *Journal of Oncology Practice*, 11(2), 133-134.
- Williams, K.C., Brothers, B.M., Ryba, M.M., & Andersen, B.L. (2015). Implementing evidence-based psychological treatments for cancer patients. *Psycho-oncology*, 24, 1618-1625.
- Andersen, B.L., & Dorfman, C. (In press). Evidence-based psychological treatments: STEPS for educating therapists to achieve sustainable dissemination. *Psycho-oncology*.
- Westbrook, T., Maddocks, K., Andersen, B.L. (In press). The relation of illness perceptions to stress, depression, and fatigue in patients with chronic lymphocytic leukemia. *Psychology and Health*.

Colloquia/Grand Rounds

- Department of Psychology (ISR), University of Michigan, Ann Arbor, November 1983.
- Department of Obstetrics-Gynecology, University of Iowa, Iowa City, July 1984.
- Department of Psychology, Southern Methodist University, Dallas, February 1985.
- Department of Psychiatry, Memorial Sloan-Kettering Cancer Center, New York, July 1985.
- Department of Psychology, University of Missouri, Columbia, November 1985.
- Department of Psychology, University of Miami, Coral Gables, January 1987.
- Departments of Psychology and Obstetrics and Gynecology, U. of South Florida, October 1987.
- Dept. of Psychology (Emotions Institute), University of Amsterdam, December 1991.
- Netherlands Cancer Institute, The Netherlands, Amsterdam, December 1991.
- Dept. of Psychiatry, Medical College of Pennsylvania, Philadelphia, November 1994.
- Department of Obstetrics and Gynecology, University of Michigan, April 1995.
- Moffit Cancer Center and Dept. of Psychology, U of South Florida, Tampa, May 1995.
- Fox Chase Comprehensive Cancer Center and the College of Nursing, University of Pennsylvania, Philadelphia, October 1996.
- Parker Cancer Center and the Dept. of Behavioral Science, University of Kentucky, Lexington, November 1996.
- Cancer Center at Michigan State University, East Lansing, February 1997.
- Wilford Hall Medical Center, Lackland Air Force Base, USAF, San Antonio, April 1997.
- Carnegie Mellon University, Department of Psychology, Pittsburgh, September 1997.
- Cancer Center at Indiana University, Indianapolis, February 1998.
- Dept. of Preventive Medicine, School of Public Health, Ohio State, December 1999.
- Comprehensive Cancer Center, The Ohio State University, January 2000.
- Department of Obstetrics-Gynecology, Ohio State, January 2000.
- Le Centre de Recherche de L'Hotel-Dieu de Quebec, Universite Laval, Quebec, June 2000.
- Dept. of Ob-Gyn, Baylor College of Medicine (Julian Wells Lecture), Dallas, June 2001.
- Department of Psychiatry, Akron General Medical Center, Akron, July 2001.

Department of Behavioral Sciences, M.D. Anderson Hospital, January 2002.
 Department of Psychology, Griffith University, Australia, July 2003.
 Department of Psychology, CUNY, New York, February 2008.
 Cornell College of Medicine, Rutenberg Cancer Center, New York City, February 2008.
 Pittsburgh Cancer Center, Pittsburgh PA, December 2008.
 Department of Psychiatry, University of Bari; Bari, Italy, October 2009.
 Simon Cancer Center, Indiana Univ.-Purdue Univ., Indianapolis, March 2011.
 Integrative Medicine, M.D. Anderson Cancer Center, Houston, March 2011.
 Department of PsychoOncology, University of Brussels, Brussels, Belgium, March 2011.
 Dept. of Psychiatry and Comprehensive Cancer Center, UC-San Francisco, April 2011.
 Department of Psychology, 1st annual John G. Skelton Memorial Lecture, Texas Tech University, Lubbock, September, 2011.
 Department of PsychoOncology, University of Brussels, Brussels, Belgium, March 2013
 Department of Psychology, Oberlin College, Oberlin, OH, April 2013.
 Department of Family Medicine, Dartmouth College and Concord Hospital, NH, April 2013.
 Simon Cancer Center, BCOG, Indiana Univ.-Purdue Univ., Indianapolis, November 2013.
 Cancer Center, University of Illinois-Chicago, December 2013.
 Department of Psychology, University of Guadalajara, Mexico, March 2015
 Department of Psychology, National University of Ireland, Galway, Ireland, September 2015.

Invited/Plenary/Keynote (Selections from 2012 to present only)

Biobehavioral treatment for cancer patients. Un Autre Regard Sur Le Cancer. Le Pasin, Aix En Provence, France, September 28-29. 2012. (Keynote).

Psychological issues. (October, 2012). Global Summit on International Breast Health. Guidelines for International Breast Health and Cancer Control: Supportive Care and Quality of Life. Vienna, Austria, October 3-5, 2012. (Invited faculty and Plenary Speaker).

Biobehavioral interventions for cancer patients. Groupe de Contact FNRS Psycho-oncologie. University of Brussels, Brussels, Belgium, March 2013. (Featured Guest).

Implementing Cancer to Health biobehavioral interventions in community settings. Cancer Support Community Leadership Meeting, Washington, DC, Nov. 2013. (Keynote)

Beyond biology: Exploring cancer research through the lens of the social science. The Gateway to Cancer Research Foundation, Chicago, IL, April 16, 2014. (Panel Discussant).

Risk for and treatment of comorbid depressive disorders in cancer patients. National Association of Psychosocial Obstetrics and Gynecology, Columbus, OH, April 7, 2014. (Panel Discussant).

Psychological issues in survivorship. (2014, September). American Society of Clinical Oncology Breast Cancer Symposium, San Francisco, CA. (Invited Faculty and Plenary Speaker).

Biobehavioral aspects of cancer. (2015, March). International Congress of Mental Health. Guadadalajara, Mexico. (Plenary)

Guidelines for treating anxiety and depression. (2015, May). American Society of Clinical Oncology, Chicago, IL. (Invited).

Convention Presentations/Papers/Posters (N=300+; 2012 to present only)

Andersen, B.L. (2012, June). The Biobehavioral Model: From discovery to intervention. In P. McDonald, Chair, Stress. ACS/NCI Cancer Survivorship Research Conference, Washington D.C.

Andersen, B.L. (2012, June). Treatment of comorbid depressive disorder in cancer patients. In A. Betta, Chair, Depression in Cancer. Academy of Behavioral Medicine Research, Asheville, NC.

Dorfman, C.S., Carpenter, K.M., Cudeck, R., Andersen, B.L. (2012, March). Do couples with a recurrence experience differ from disease-free couples? Understanding the married couples' experience of breast cancer using the actor-partner interdependence model. Ohio State University Comprehensive Cancer Center Scientific Meeting, Columbus, OH.

Dorfman, C.S., Godiwala, N.M., Levin, A.O., Heitzmann, C., & Thornton, L.M. (2012, April). Reduced social support in recurrent cancer: A qualitative study. Society of Behavioral Medicine, New Orleans, LA.

Wu, S.M., Brothers, B.M., Farrar, W., Compas, B.E., & Andersen, B.L. (2012, April). Individual counseling is the preferred therapy for depression among cancer patients. Society of Behavioral Medicine, New Orleans, LA.

Godiwala, N., Brothers, B., Strunk, D.R., & Andersen, B.L. (2012, November). An examination of compensatory skills in the Biobehavioral/Cognitive-Behavioral Therapy for cancer survivors diagnosed with major depressive disorder. Association for Behavioral and Cognitive Therapies, National Harbor City, MD.

Morrison, E., Flynn, J.M., Jones, J., Byrd, J.C., & Andersen, B.L. (2012, December). Fatigue, distress, and quality of life as covariates for early-stage chronic lymphocytic leukemia patients. American Society of Hematology, Atlanta, GA.

Brothers, B., Carpenter, K., Frierson, G., Shelby, R., Thornton, L.M., & Andersen, B.L. (2013, March). Designing a multi-component training for mental health professionals of a biobehavioral intervention for cancer patients. American Psycho-Oncology Society, Long Beach, CA.

Dorfman, C.S., Andersen, B.L. (2013, April). Relationship status and satisfaction: Impact on risk of breast cancer recurrence and survival. Ohio State University Comprehensive Cancer Center Scientific Meeting, Columbus, OH.

Wu, S. M., Shapiro, C. L., Fowler, J., Carson, W. E., Andersen, B. L. (2013, March). Anxiety and worry are related to inflammatory changes in women with advanced cancer. Society of Behavioral Medicine. San Francisco, CA.

Dorfman, C., Brothers, B.M., Carpenter, K.M., Shelby, R.A., Thornton, L.M., & Frierson, G.M. (2014). From Cancer to Health: Dissemination of a biobehavioral intervention. In B.L. Andersen (Chair), Dissemination of empirically supported psychological treatments for cancer patients. (Symposium). Society of Behavioral Medicine. Philadelphia, PA.

Dorfman, C.S., Carpenter, K.M., Godiwala, N., Andersen, B.L. (2013, March). Predictors of cancer-specific stress among husbands of breast cancer survivors. Society of Behavioral Medicine, San Francisco, CA.

- Wu, S. M., Hill, L. K., Sollers, J. J., Thayer, J. F., Shapiro, C. L., & Andersen, B. L. (2013, March). Quantity but not quality of sleep is related to heart rate variability in women with cancer. Society of Behavioral Medicine. San Francisco, CA.
- Andersen, B.L. (2014, September). Dissemination and implementation of the Biobehavioral Intervention: From of cancer to health. In J. Dekker (Chair) International efforts in dissemination science. International Society of Behavioral Medicine. Gronigan, The Netherlands.
- Ryba, M.M., Dorfman, C.C., Brothers, B.M., & Andersen, B.L. (2014, December). If you disseminate it, will they implement it? Usage of an evidence based treatment in cancer control. 7th Annual Conference on the Science of Dissemination and Implementation. Washington, D.C.
- Andersen, B.L. (2015, April). Translating clinical guidelines and evidence-based medicine using implementation and dissemination science. Society of Behavioral Medicine, San Antonio, TX.
- Andersen, B.L. (2015, July). A novel treatment for coping with recurrence: Hope therapy. In J. Rowland (Chair), Psychological reactions to recurrent and metastatic cancer: A new challenge in cancer survivorship. (Symposium). World Congress of Psycho-Oncology, Washington, D. C.
- Andersen, B.L. (2015, July). Dissemination and implementation of a biobehavioral intervention. In M.C. Fingeret (Chair), Disseminating evidence-based cancer supportive care interventions: A national and international imperative. (Symposium). World Congress of Psycho-Oncology, Washington, D. C.
- Andersen, B. L., Jeffery, D. D., Barbera, L., Siston, A. K., Jhingran, A., Baron, S. R., Reese, J. B., Coady, D. J., Carter, J., & Flynn, K. E. (2015, July). Study of sexuality among gynecologic cancer patients: Systematic review details assessments used. World Congress of Psycho-Oncology, Washington, D. C.
- Reese, J. B, Jeffery, D. D., Andersen, B. L., Siston, A. K., Jhingran, A., Baron, S.R., Coady, D. J., Carter, J., Flynn, K. E. (2015, July). Use of sexual function measures in intervention studies with female cancer patients: Results from a systematic review. World Congress of Psycho-Oncology, Washington, D.C.

Barbara L. Andersen, Ph.D.: Contributions to Science

- 1.** As PI (NCI), my early contributions provided the first studies of gynecologic cancer survivorship and raised attention to the issue of sexual dysfunction in cancer patients.
- 2.** As PI (ACS, NIH/NIMH, NCI; DoD), I formulated the Biobehavioral Model of Cancer Stress and Disease Course, which was the first comprehensive model of psychological, behavioral, and biological factors and their potential role in disease progression. As discussed in the Preliminary Studies, a randomized clinical trial (RCT), called the Stress and Immunity Breast Cancer Project (SIBCP), was designed to test the hypothesis that patients receiving a psychological (biobehavioral) intervention designed to reduce stress and enhance quality of life would show improved disease outcomes compared to patients who received usual care. Robust, durable gains were achieved across all outcomes. As reported, significant reductions in distress and improvements in social adjustment, health behaviors (diet, smoking cessation), treatment adherence, and health were found for the Intervention arm, along with enhanced T cell immunity. Patients were monitored and after a mean of 11 years of follow up Intervention patients were found to have a reduced risk of breast cancer recurrence and reduced risk of breast cancer death following recurrence.
- 3.** In follow-up, as PI (ACS, NCI) efforts focused on understanding the circumstances which place patients at risk for distress and quality of life disruption and tests of the generalizability of the biobehavioral intervention. First, we have provided the only controlled biobehavioral studies of recurrence. This work led to the trial testing of a BBI-tailored intervention. Second, study of the impact of depressive symptoms and the relationship of depressive symptoms to physiological and inflammatory responses led to the development and testing of a BBI/cognitive behavioral intervention for patients with major depressive disorder. My work in both stress and depression likely played a role in my selection as co-chair of the ASCO panel to develop guidelines for the assessment and treatment of anxiety and depressive symptoms in cancer patients.
- 4.** Most recently as PI (NCI), ours is the only group in psychosocial oncology that has both developed and empirically tested psychological interventions for cancer patients *and then* taken steps for their dissemination and implementation. We have trained 100+ mental health providers from diverse clinical settings. Our efforts are conceptually driven and thus far have provided empirical support for our methods of education, implementation support, enabled treatment usage by the provider and, most importantly, the positive impact on cancer patients when providers use evidence based (BBI) treatment.